












AUGUST



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Sun Program Key</p> <ul style="list-style-type: none"> ◆ Community & Friendship ◆ Education & Lifelong Learning ◆ Convenience & Economics ◆ Health & Wellness ◆ Fun & Recreation ◆ Safety & Security ◆ Finance, Legal & Administrative 	<p>CODES</p> <ul style="list-style-type: none"> AC - Arts & Crafts Room B - Billiards Room F—Fitness Room G—Great Room P - Pool S - Salon T - Theater 	<p>Color Codes:</p> <ul style="list-style-type: none"> Fitness Bus Trips Clubhouse Activities Food/Casino Outings Happy Hour Seminars 				
<p>5 1:00-3:00 Open Swim P ◆ 2:00-Chips & Chat AC ◆</p>	<p>6 9:30 Breakfast Break Craylee's ◆◆ 10:00 Bus Run—Consumer Sq. (Wal-mart) & Walking Group  Birthday Party 2:00pm Terry Johnson 5:00-7:00 Evening Swim P ◆</p>	<p>7 9:00-12:00 Utica Area Doctor Appointments ◆ 2:00 Chair Zumba G ◆ 4:00 Bus Trip What the Truck? ◆ 6:00 Poker Night ◆◆ </p>	<p>8 10:00 Bus Run N. Utica Shopping Center/Aldi's 11:30 Grab and Go Lunch 1:00 Liberty Mutual Insurance Seminar ◆ 1:30 Bible Study AC 2:00 New Hartford Farmers Market 3:00 Bingo G ◆ 4:30 Writers Group G ◆◆</p>	<p>9 9:00-12:00 New Hartford Doctor Appointments ◆ 9:30 Fitness Class G ◆◆ 11:00 Utica Bridge League G 1:00 Rosary T ◆ 4:30 Happy Hour G ◆ 5:00-7:00 Evening Swim P ◆</p>	<p>10 9:00 Bus Trip Saratoga Race Track ◆◆ 10:00 Stamina Strength & Stretch—CANCELLED Great Room Reserved 4:00—9:00pm **Last day to sign up for Grand Kid Day by 4:00PM**</p>	<p>11 9:00 Bus Trip-Sylvan Beach Vendor Fair, Canal Fest & Mind Mentalist ◆◆ 9:30 Aqua Motion P ◆ 9:30 Intro to Table Tennis G ◆ 10:00 Table Tennis G ◆ 1:00-3:00 Canasta G ◆ 1:00-4:00 Open Swim P ◆</p>
<p>12 1:00-3:00 Open Swim P ◆ 2:00-Chips & Chat AC ◆ </p>	<p>13 10:00 Bus Run Sangertown Square Mall 1:00 BB Designs Canvas ◆◆ 2:30 Bus Trip Utica Public Library Tour ◆◆ 5:00-7:00 Evening Swim P ◆</p>	<p>14 9:00-12:00 Utica Area Doctor Appointments ◆ 9:30 Fitness Class G ◆◆ Grandkid Day 11:30AM-1:00PM 3:30 Aqua Aerobics CANCELLED 4:00 Bus Trip What the Truck? ◆</p>	<p>15 10:00 Bus Run Chantry's 11:30 Clear Captions Seminar ◆ 1:30 Bible Study AC 3:00 Bingo G ◆ 4:30 Writers Group G ◆◆ 5:30 Chair Yoga—CANCELLED</p>	<p>16 9:00-12:00 New Hartford Doctor Appointments ◆ 9:30 Fitness Class G ◆◆ 11:00 Utica Bridge League G 1:00 Rosary T ◆ 1:00 Bus Run-Clinton Farmers Market ◆◆ 4:30 Happy Hour G ◆ 5:00-7:00 Evening Swim P ◆</p>	<p>17 9:15 Chair Zumba G ◆◆ 11:00-3:00 Lunch Bunch Turning Stone Casino & Resort ◆◆  **Last day to sign up for the WOW Event by 4:00PM**</p>	<p>18 9:30 Aqua Motion P ◆ 9:30 Intro to Table Tennis G ◆ 10:00 Table Tennis G ◆ 1:00-3:00 Canasta G ◆ 1:00-4:00 Open Swim P ◆</p>
<p>19 1:00-3:00 Open Swim P ◆ 2:00-Chips & Chat AC ◆</p>	<p>20 9:30 Breakfast Break Bagel Grove ◆ 10:00 Bus Run New Hartford Shopping Center & Walking Group ◆◆ 5:00-7:00 Evening Swim P ◆ 6:00 Bus Trip-Music in the Park ◆◆</p>	<p>21 9:00-12:00 Utica Area Doctor Appointments ◆* 12:30 Trivia Mania G ◆◆ 2:00 Chair Zumba G ◆◆ 4:00 Bus Trip What the Truck? ◆ 6:00 Poker Night ◆◆</p>	<p>22 10:00 Bus Run New Hartford Price Chopper ◆ 12:30 Chiropractic Seminar ◆ 1:30 Bible Study AC 2:00 Bus Trip New Hartford Farmers Market 3:00 Bingo G ◆ 4:30 Writers Group G ◆◆</p>	<p>23 9:00-12:00 New Hartford Doctor Appointments ◆ 9:30 Fitness Class G ◆◆ 1:00 Rosary T ◆  Black Tie 10th Anniversary Party 4:00-7:00PM</p>	<p>24 10:00 Stamina Strength & Stretch**CANCELLED 11:00 Chair Yoga**CANCELLED 11:30 Lunch Bunch Tiny's Bar & Grill ◆◆</p>	<p>25 9:30 Aqua Motion P ◆ 9:30 Intro to Table Tennis G ◆ 10:00 Table Tennis G ◆ 1:00-3:00 Canasta G ◆ 1:00-4:00 Open Swim P ◆ </p>
<p>26 1:00-3:00 Open Swim P ◆ 2:00-Chips & Chat AC ◆</p>	<p>27 9:00 Bus Trip New York State Fair ◆◆ 5:00-7:00 Evening Swim P ◆ </p>	<p>28 9:00-12:00 Utica Area Doctor Appointments ◆ 3:30 Aqua Aerobics CANCELLED 4:00 Bus Trip What the Truck? ◆</p>	<p>29 8:30 Bus Run North Utica Wal-Mart ◆ 10:00-1:30 Bus Trip Vernon Downs ◆ 1:30 Bible Study AC 3:00 Bingo G ◆ 4:30 Writers Group G ◆◆</p>	<p>30 9:00-12:00 New Hartford Doctor Appointments ◆ 9:30 Fitness Class G ◆◆ 11:00 Utica Bridge League G 1:00 Rosary T ◆ 1:00 Bus Run-Clinton Farmers Market ◆◆ 4:30 Happy Hour G ◆ 5:00-7:00 Evening Swim P ◆</p>	<p>31 9:15 Chair Zumba G ◆◆ 11:00 Lunch Bunch The Waterfront Grill & Erie Canal Boat Cruise ◆◆</p>	<p>  <i>Buzz</i></p>