




















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 Office Closed Great Room Reserved 11am - 5pm	8:00 Coffee Crew G 8:30-10:30 Open Swim 10:00 Bus Run- North Utica Shopping Center & Aldi's 3:00 Bingo G 4:15 Writers Group AC 5:15 Chair Yoga G	8:00 Coffee Crew G 9:00-12:00 New Hartford Dr. Appointments 9:30 Fitness Class G 11:00 Utica Bridge League G 1:00 Rosary T 4:00-6:00 Evening Swim P	8:00 Coffee Crew G 10:00 Stamina Strength & Stretch-G 11:30 Lunch Bunch- Bella Regina National Trivia Day Trivia Mania Event 2:00PM  Last Day to sign up for Grab N G Go	11:30-4:00 Open Swim P 1:00-3:00 Canasta G  Great Room Reserved 4pm - 9pm
2:00-Chips & Chat 	8:00 Coffee Crew G 8:30-10:30 Open Swim 8:30 Breakfast Break- Craylee's 10:00 Bus Run-Consumer Sq. 1:00 Mahjong AC 5:45 Downtown Dinner- Trivia Night & Pizza @ Pizza Boys	8:00 Coffee Crew G 9:00-12:00 Utica Area Doctor Appointments 1:00 Tech Savvy Class T 2:00 Chair Zumba G 3:30 Aqua Aerobics P 4:30-6:00 Open Swim  Resident Association Meeting 4:00pm	8:00 Coffee Crew G 8:30-10:30 Open Swim P 9:00 Grab n Go Breakfast 10:00 Bus Run- Bargain Shopper 3:00 Bingo G 4:15 Writers Group AC 	8:00 Coffee Crew G 9:00-12:00 New Hartford Dr. Appointments 9:30 Fitness Class G  Parklane Jewelry Event 10:30-12:30PM  11:00 Utica Bridge League G 1:00 Rosary T 4:00-6:00 Evening Swim P	8:00 Coffee Crew G 10:00 Stamina Strength & Stretch-G 11:00 Chair Yoga G 11:30 Lunch Bunch- Sumo's Japanese Steakhouse & Bremer's Wine Tasting Great Room Reserved 4pm - 9pm  National Milk Day	10:30 Aqua Motion P 1:00-3:00 Canasta G 11:30-4:00 Open Swim P  Great Room Reserved 3pm - 8pm
2:00-4:00 Chips & Chat G 	8:00 Coffee Crew G 8:30-10:30 Open Swim 10:00 Bus Run- Sangertown Sq. 1:00 Mahjong AC 3:00 Book Club G   Birthday Evening Social 6:00-7:00PM Featuring Fritz Shultz	8:00 Coffee Crew G 9:00-12:00 Utica Area Doctor Appointments 2:00 Chair Zumba G 4:30-6:00 Open Swim   National Hat Day	8:00 Coffee Crew G 8:30-10:30 Open Swim P 10:00 Bus Run-Chanatry's 2:00 Craft Class- Snow Globes AC 3:00 Bingo G 4:15 Writers Group AC 4:30 Downtown Dinner- Texas Roadhouse 5:15 Chair Yoga G	8:00 Coffee Crew G 9:00-12:00 New Hartford Dr. Appointments 9:30 Fitness Class G 11:00 Utica Bridge League G 1:00 Rosary T  Happy Hour 4:30-5:30PM  4:00-6:00 Evening Swim P	8:00 Coffee Crew G 10:00 Stamina Strength & Stretch-G 11:00-3:00 Lunch Bunch Turning Stone Casino & Resort  	11:30-4:00 Open Swim P 1:00-3:00 Canasta G   Seminar 1:00pm - T
2:00-4:00 Chips & Chat G 	 Office Closed	8:00 Coffee Crew G 9:00-12:00 Utica Area Doctor Appointments 1:30 Hospice & Palliative Care Seminar 3:30 Aqua Aerobics P 4:30-6:00 Open Swim   comfort   love   respect	8:00 Coffee Crew G 8:30-10:30 Open Swim P 10:00 Bus Run- New Harford Price Chopper 3:00 Bingo G 4:15 Writers Group AC  Last Day to sign up for WOW	8:00 Coffee Crew G 9:00-12:00 New Hartford Dr. Appointments 9:30 Fitness Class G 11:00 Utica Bridge League G 1:00 Rosary T 4:00-6:00 Evening Swim P  National Complement Day 	8:00 Coffee Crew G 10:00 Stamina Strength & Stretch-G 11:00 Chair Yoga G 11:30 Lunch Bunch- East Dynasty Buffet  Chair Volleyball Game Great Room 2:00-3:00PM 	10:30 Aqua Motion P 1:00-3:00 Canasta G 11:30-4:00 Open Swim P
2:00-4:00 Chips & Chat G 	8:00 Coffee Crew G 8:30-10:30 Open Swim 10:00 Bus Run- NU Wal-Mart   Abraka-WOW 12:00-2:00PM Ft. Shaun Robinson	8:00 Coffee Crew G 9:00-12:00 Utica Area Doctor Appointments 3:30 Aqua Aerobics P 4:30-6:00 Open Swim   National Puzzle Day	8:00 Coffee Crew G 8:30-10:30 Open Swim P 8:30 Bus Run- North Utica Shopping Center & Aldi's 10:00-1:30 Bus Trip Vernon Downs 3:00 Bingo G 4:15 Writers Group AC	8:00 Coffee Crew G 9:00-12:00 New Hartford Dr. Appointments 9:30 Fitness Class G 11:00 Utica Bridge League G 1:00 Rosary T 4:00-6:00 Evening Swim P  National Hot Chocolate Day 